



Packing List - Warpath Experience

Required Items

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|--|--|
| <input type="checkbox"/> Rucksack | <input type="checkbox"/> Hydration bladder, minimum 3L |
| <input type="checkbox"/> 30lb Weight (weighted plate, wrapped bricks, etc) | <input type="checkbox"/> Cell phone, wallet, ID, cash |
| <input type="checkbox"/> Boots or athletic sneakers | <input type="checkbox"/> Knife (fixed, folder, or multitool) |
| <input type="checkbox"/> Lightweight pants | <input type="checkbox"/> Bandana or shemagh |
| <input type="checkbox"/> Weather-appropriate athletic shirt | <input type="checkbox"/> Durable gloves (Leather, or Mechanix) |
| <input type="checkbox"/> Hat | |

Recommended Items

- Food items (trail snacks)
- 550 cord
- Small first aid kit (incl. Tourniquet)
- Lighter
- Sunblock
- Anti-chafe powder/gel
- Sunglasses
- Boxing or MMA gloves
- Mouthguard

Prohibited Items

- Watch
- GPS/Pedometer
- Map
- Rings, bracelets, other jewelry
- Alcohol or drugs

Notes

- Ruck must weigh a minimum of 30lbs when dry. Add weight as needed to meet requirement.
- Prohibited items must be left in personal vehicle